

ENROLLMENT

Ministry & Service at St. Olaf Catholic Church

downtown Minneapolis

Dear friends in Christ,

Our St. Olaf parish has a long history of service in the heart of the city. We are blessed to have a strong commitment from numerous volunteers who dedicate their time, treasure and talents to our parish and its mission. I invite you to join us in our ministry by offering your gifts to the service of others here in our community. Participate in offerings which nourish your faith and build community.

In this booklet you will find information about our parish and numerous opportunities for involvement. We invite all in our faith community to become enrolled in our parish mission and ministries. Please fill out the enrollment form on the following page, letting us know of your areas of interest. You will be contacted by a staff member with information and orientation. Return the form to us in the collection basket or drop it by the parish office.

I thank you in advance for your willingness to become active in our work of the Gospel at St. Olaf and for bringing your gifts to our mission of serving as a living sign of Christ's saving presence in the heart of the city.

Sincerely yours in Christ,
Fr. Mark Pavlik
Pastor

St. Olaf Community Enrollment

We are pleased that you are a part of St. Olaf Catholic Church. As you know our tradition is serving Christ in the heart of the city. As society has changed over the past 20 years the needs and desires of parishioners have changed. Many have more than one parish affiliation. Some choose to be a member of a parish for liturgical purposes: baptisms, confirmations, Holy Communion, weddings, assistance in time of illness and death. There are a growing number of Catholics who not only want access to the sacraments, but they seek to discover the full meaning of the Catholic experience and what it can mean to their life's journey. At St. Olaf we refer to this relationship as enrollment not just membership. Enrollment is for one who is seeking full participation in community activities. They are looking to study, learn, pray, live, love, give and share in a thriving community of friendship that is more than just a place to go to church. Each member is free to choose the relationship of their choice, whether as member of the Church or as an enrolled member of the community. Are you looking for a Catholic Church where you can be part of a Catholic community where you can participate in activities that support your faith? Are you looking for opportunities to serve the less fortunate, opportunities to learn about your faith and how it can help you with life, a community that reaches out to you to support your faith journey? If you are seeking this special relationship, simply complete and mail the following to St. Olaf Church or put it in the collection basket. *Note: while it is encouraged, one is not required to be a member of St. Olaf Church to serve as volunteer or minister.*

I wish to become a member of St. Olaf Parish as a:

Member (St. Olaf is my primary parish)

Associate Member (I support another parish and also wish to support St. Olaf)

Mr. Mrs. Miss Ms.

Name _____

Address _____

City/State/Zip _____

Home Phone _____

Cell Phone _____

Email _____

Please list specific opportunities from the categories in this booklet which you are interested in:

Faith Formation _____

Hospitality _____

Pastoral Care _____

Worship and Music _____

Social Outreach Programs _____

International Outreach _____

Special Services _____

FAITH FORMATION

___ RCIA

The Rite of Christian Initiation of Adults (RCIA) is a seven month process for adults who want to join the Catholic Church and for Catholics who would like to receive the sacrament of confirmation. The classes meet on Sunday mornings from September through Easter, following the 10:00am Mass, and cover a variety of topics, such as the sacraments, the Bible, liturgical year, social justice and prayer. In addition to those who are formally entered in the program, the classes are open to the public and provide a tremendous opportunity for catechesis for the entire parish. *Staff Contact: Fr. Mark Pavlik*

___ Sacramental Program / Good Shepherd Catechist

Assist in teaching for the preparation of First Communion and Reconciliation for children 8 years and older. Training is provided. Class meets on Sundays, 9:30-11:30am, September-April. *Staff Contact: Mary Brady*

___ Centering Prayer

Silence is the language of the spirit. Centering prayer is a way of coming to our own center and finding the deep stillness that is there, within us. The Spirit dwells within our hearts and silence enables us to listen to the gentle movement and inspiration of the Spirit. In Centering Prayer – faithfully practiced – we can more easily *put on the mind and heart of Christ*. Open, ongoing groups offering support to persons committed to Centering Prayer or some form of meditation; introduction and continuing spiritual formation. *Staff Contact: Sr. Joan Tuberty*

Monday-Thursday mornings, 7:30-7:50am, Cowley Hall

Saturday, 9-11am, Cowley Hall

___ Scripture Study, Reflection and Prayer

The intention of these offerings is to shape our minds, hearts and behavior, individually and as a community, by deepening our knowledge and love of the Word of God. Programs of scriptural study provide time for listening to lectures on scripture with other parishioners and inviting deeper personal reflection and sharing. Often these programs correspond to the liturgical year and help us to be better prepared for the “Liturgy of the Word” part of our Catholic worship. This formation in Biblical Spirituality fosters renewed ancient practices of Lectio Divina, scriptural and spiritual reading, meditative forms of prayer including praying with icons/images, as well as integration of all that is beautiful in creation, art and music. *Staff Contact: Sr. Joan Tuberty*

JustFaith and **Engaging Spirituality** are faith formation programs that explore spirituality, Catholic social teaching, scriptures, one’s baptismal call and needs of our world. Enables Catholics to be knowledgeable, active and spiritually grounded in their faith. Programs begin in the fall or winter. *Staff Contact: Joan Miltenberger*

___ Participant

___ Facilitator

HOSPITALITY (food, beverage, usher, setup/cleanup)

___ Fellowship Minister

Prepare and serve food/beverages, clean-up at the time of fellowship following weekend Masses.

Staff Contact: Fr. Mark Pavlik

___ Funeral

Prepare and serve food/beverages, clean-up at the time of a funeral.

Staff Contact: Gene Smith

___ **Other Celebrations**

Prepare and serve food/beverages, clean-up following special liturgies including St. Patrick's Day, Martin Luther King Jr. Day, and others. *Staff Contact: Fr. Mark Pavlik*

___ **Social Outreach Program**

Offer hospitality and serve a home-cooked meal at monthly Sunday dinners at the Exodus Residence next to St. Olaf Church, October – May, 3:30-6:30pm. *Staff Contact: Joan Miltenberger*

___ **Faith and Work Breakfasts**

The Faith and Work Breakfast Series addresses the challenges of and opportunities for living authentic lives of faith at work. Local and national speakers inform and inspire through breakfast programs, 7-8:30am, approximately 4-6 times per year. Volunteers receive free registration to each event. *Staff Contact: Carol Bishop*

___ Set up space the day before the event: 1-3pm

___ Prepare and serve food/beverages at the event, clean-up: 6:15-9:30am

PASTORAL CARE

Staff Contact: Mary Brady

Pastoral Care is a ministry that educates, forms, and supports women and men leaders in caring for the elderly, sick, and isolated. The ministry is reinforced with models of mutuality, attentive listening, respectful communication and confidentiality. It is a ministry that fosters gentle healing and transformation during times of aging, illness, loss and other life transitions.

___ **Pastoral Care Minister**

Make pastoral visits to the hospitalized, homebound and health care residents. These ministers attend an in-service training and are approved and commissioned by the St. Olaf parish community.

___ **Pastoral Care Eucharistic Minister to the Homebound**

In addition to Pastoral Care training, parishioners must be trained and appointed as Eucharistic Minister for the St. Olaf parish community.

___ **Grief Group Coalition**

To assist you with your loss, support is available through the Downtown Coalition for Grief Support. In collaboration with other downtown faith communities we provide education and support for those grieving the death of a loved one. The Coalition is committed to providing a respectful and caring atmosphere inclusive of all faith traditions. Grief support seeks to provide an opportunity for people to help one another understand and express their grief experience.

___ **Grief Support Hospitality Minister**

Provide a welcome environment for attendees along with refreshments when St. Olaf is hosting the Grief Support group.

___ **Prayer Shawl Group**

Pray while you knit a prayer shawl for community members suffering an illness, injury, or the loss of a loved one.

WORSHIP AND MUSIC

___ Usher-Greeter

Serve the art of welcoming, hospitality, ushering skills, responding to the needs of the assembly.

Staff Contact: Fr. Mark Pavlik

___ Eucharistic Minister

Distribute the Body and Blood of Christ at Mass. *Staff Contact: Fr. Mark Pavlik*

___ daily Mass ___ weekend Mass

___ Lector

Proclaim the Word of God in the liturgical assembly. *Staff Contact: Fr. Mark Pavlik*

___ daily Mass ___ weekend Mass

___ Sanctuary Minister (weekend Masses, solemnities, feasts)

Serve as acolyte, crossbearer, incense bearer, bell bearer in the liturgy. *Staff Contact: Fr. Mark Pavlik*

___ Sacristan

Prepare sacramentals for Mass: bread, wine, care of sacred vessels, lighting of candles. *Staff Contact: Gene Smith*

___ daily Mass ___ weekend Mass

___ Liturgical Art and Design Group

A team of volunteer ministers and designers who prepare the worship spaces and church complex throughout the liturgical year. *Staff Contact: Dr. Lynn Trapp*

- ___ Creative design and execution
- ___ Floral arranging and assistance
- ___ Green plant care
- ___ Assist with preparations for Advent/Christmas, Lent/Easter seasons
- ___ Sewing

___ St. Olaf Parish Choir

Sing 10am Mass and special liturgies/concerts, September-June; radio/TV ministry. Rehearsal Wednesdays 6:30-8:30pm, Sundays, 9am. Joins combined choirs for Easter Vigil, special liturgies/events. *Staff Contact: Dr. Lynn Trapp*

___ Contemporary Music Ensemble/Choir

Sing, play an instrument for the 4pm Sunday Mass; TV ministry; Rehearsal Sundays at 2:20pm. Larger seasonal choir for Christmas season, Good Friday, Easter. Rehearsals on four Tuesdays prior to the liturgy, 6:30-9pm, as announced. *Staff Contact: Dr. Lynn Trapp*

___ African International Choir

Internationally mixed choir leads music for monthly African Masses, third Sunday of each month, 12noon. Rehearse Saturday 2-4pm according to schedule. *Staff Contacts: Othello Collins, Dr. Lynn Trapp*

___ Venite Choir

For the person who would like to explore their voice – even if they have never been in a choir before – to learn basic technique, simple unison singing of songs, hymns, and psalms for the Mass. Meeting times as announced. *Staff Contact: Dr. Lynn Trapp*

___ **Worship and Sacred Music Series**

This annual series of finest reputation features concerts and worship events in varied mediums by local, national and internationally known artists and groups. Serve as usher and/or food/beverage service at receptions. Most events take place on weekend evenings. *Staff Contact: Anne Susag*

___ Usher-greeter

___ Reception hospitality

___ Event setup and takedown

ST. OLAF SOCIAL OUTREACH PROGRAMS

Staff Contact: Joan Miltenberger or Jean Thoresen

The St. Olaf Social Outreach programs include parish ministries that support human dignity and social justice for our brothers and sisters in need through service, community outreach, advocacy and faith formation. The programs strive to form and engage parishioners in understanding and living out of the Catholic teachings of justice and charity. *All Social Outreach volunteer ministries that provide one-on-one services require an interview and participation in orientation and training.*

Social Outreach *Contact Jean Thoresen at 612-332-7471 ext. 246.*

___ Clothing Closet and Food Pantry: Greet and assist guests with food and clothing, sort and organize food and clothing; make referrals to local food shelves.

___ Advocate: Offer listening support, problem solve and make referrals to other social services, education or employment services for guests.

___ Office Assistant: Answer phone, data entry, clerical and administrative support for Social Outreach ministry.

___ Special Projects, includes August School Supply Drive, Thanksgiving Meals on Wheels, Christmas Gift Collection, drive donations to outreach sites.

___ **St. Olaf Sewing Club**

St. Olaf Sewing Club meets every Wednesday, 9am-1pm at St. Olaf to sew, knit or crochet children's clothes, blankets, sweaters, hats and mittens. Children's clothing and blankets are then distributed to St. Olaf Social Outreach, St. Anne's Shelter and other family shelters. Join the Sewing Club for 1-2 hours or for the entire time. *Contact Joan Miltenberger at 612-767-6211.*

Social Justice Commission seeks to develop understanding and commitment to Catholic social justice teaching through prayer and reflection, education, advocacy, and service. The commission provides many opportunities for parishioner involvement including:

___ Serve as a **Commission** member or subcommittee volunteer. *Contact Ann Christiansen at 763-520-9318 or christiansen1495@comcast.net.*

___ Strengthen racial justice through **Discussions that Encounter**, book and movie discussions, focused retreats, and other activities that build respect and understanding across cultures. *Contact Bill Keatts and Jean McFarland at wkeatts@austin.rr.com.*

___ Participate in **Habitat for Humanity's** "A Brush with Kindness," a painting-volunteer service. *Contact Mike Nemanich at mnemanich@aol.com.*

___ Plan and carry out educational programs and retreats for the parish on social justice topics. *Contact Joan Miltenberger at 612-767-6211.*

Downtown Congregations to End Homelessness works with downtown faith communities and local non-profits to end homelessness by 2016 through advocacy, education and coordination of direct services.

___ Join efforts to end homelessness.

___ Represent St. Olaf on the DCEH Interfaith Team. Plan and implement educational and advocacy activities. Contact Ann Pannier at 612-824-6572 or apannier@iaks.net. Also visit www.dceh.org.

Partnership with Exodus Residence

The Exodus Residence is a transitional housing program located next to St. Olaf on 2nd Avenue and is managed by Catholic Charities. The residence serves 94 single men and women in need of low cost and supportive housing due to prior homelessness or medical, mental health or chemical dependency recovery. St. Olaf Catholic Church owns the building and adjacent Assisi Park, and offers support and hospitality to the residents. *Staff Contact: Joan Miltenberger*

___ Exodus Ministry Leadership Team

Plan, coordinate and support volunteer activities with Exodus Residents.

___ Monthly Dinner and Hospitality Volunteer

Offer hospitality and prepare and serve a home-cooked meal at Sunday dinners (third Sunday of each month), October - May, 3:30-6:30pm.

___ Christmas Volunteer

Plan and coordinate the Christmas dinner on December 17, 2011, October - December.

___ Computer Tutors

Teach computer skills for resume writing, job and housing searches, and data entry.

Partnership with Risen Christ Catholic School

St. Olaf has supported and promoted the mission of Catholic education at Risen Christ Catholic School in south Minneapolis since 1996. St. Olaf offers its volunteers and assistance with fundraising activities. School volunteers are interviewed, complete a criminal background check, and participate in orientation and training at the school. Contact Maggie McCarrick, Director of Volunteers at 612-822-5329 or mmccarrick@risenchristschool.org.

___ School Volunteer (on site)

Serve as tutor, Art Adventure instructor, coach, library/class assistant, Spanish translator, recess supervisor, resource teacher for grades K-8.

___ Risen Christ Sponsorship Committee

Provide parish leadership in fund-raising and volunteer recruitment for Risen Christ School.

___ A Taste of Risen Christ Fundraiser (February, 2012)

Assist with planning, decorating and hosting this event to benefit Catholic Education.

INTERNATIONAL OUTREACH

___ St. Olaf African Partnership Committee

Parishioners serve together in a growing awareness and understanding of our shared needs and gifts with our African partners. Through this mission, we continue to build upon our sister parish relationship, and strive to engage all parishioners in cultural learning and a strong commitment to solidarity with our brothers and sisters in Kenya.

Staff Contact: Mary Brady

SPECIAL SERVICES

____ **Office Receptionist**

Answer phone/door on weekdays, Sunday morning, special occasions (holidays and holy days). *Staff Contact: Peter Barrett*

____ **Cleaning Group**

Clean nursery, kitchens, Gathering Room, other spaces in the church complex. *Staff Contact: Peter Barrett*

____ **Sanctuary and Sacristy Cleaning Group**

Staff Contact: Gene Smith

____ **Altar Ministry and Care of Linens**

Wash and iron small linens used for the liturgy. One week each month. *Staff Contact: Gene Smith*

____ **Pre-plan Funeral Arrangements**

Staff Contact: Gene Smith

____ **Parish Store**

ST. OLAF's Bibles...Books...Gifts...Music...& More, the Parish Store, desires volunteers, especially during the holiday seasons. Volunteers help maintain the store appearance, check in books and gifts, and also serve guests. A variety of hours are available. A minimum of 3 hours per week is preferred. *Staff Contact: Bev McCoy, store phone 612-767-6217 or email bmccoy@SaintOlaf.org*