

St. OLAF

Catholic Church

Downtown Minneapolis

Serving as a living sign of Christ's saving presence in the heart of the city

DECEMBER 11, 2011 ~ THIRD SUNDAY OF ADVENT

Rejoice in the Lord ALWAYS

by Fr. Mark Pavlik

On this third Sunday of Advent, the Church celebrates Gaudete Sunday. It is a day of rejoicing, as the Church acknowledges that we are yet another week closer to celebrating the birth of our savior. A change is made as this week we light the pink candle, instead of purple, as we have for the past two weeks. Every week, there is more light emanating from the Advent wreath reminding us that the Lord is ever more near. We hear in the second reading from St. Paul's letter to the Philippians:

*Brothers and Sisters:
Rejoice in the Lord always.
I say it again: Rejoice!*

*Your kindness should be known to all.
The lord is near.
Have no anxiety at all, but in everything,
by prayer and petitions, with thanksgiving,
make your requests known to God.*

*Then the peace of God that surpasses all understanding,
will guard your hearts and minds
in Christ Jesus.*

(Phil 4:4-7)

What a perfect prayer reminding us of all that can come to us from the Lord! We are called to bring ourselves entirely to the Lord and make all of our needs known to Him. This is exactly the reason for our rejoicing — we are preparing to celebrate the birth of Christ, who came to free us from all anxiety.

There is nothing that we should have to bear alone. Jesus wants our trust to be entirely in Him. He wants us to rely on Him for everything we need and to praise Him in thanksgiving for everything we receive.

In the midst of this time of preparation for Christmas, the Church reminds us to rejoice in what we are to celebrate at Christmas. This day of jubilation symbolizes the joy and gladness that come from the promised redemption that should never be absent from the heart of Christ's disciples.

So my friends, REJOICE!





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OFFICE HOURS
9:00 am to 4:00 pm
Monday - Friday

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Advent and Christmas 2011 at St. Olaf

Advent

SACRAMENT OF RECONCILIATION

Monday through Saturday: following morning Mass
Tuesday, Thursday and Saturday: following 12:00 Noon Mass

Wednesday, December 14, 5:15 PM
Mass of Reconciliation in the Church followed by individual confessions at 5:45 PM

Thursday, December 22 — 12:30-2:30 PM; 4:30-6:30 PM
Friday, December 23 — 12:30-2:30 PM; 4:30-6:30 PM

BENEDICTION TO THE BLESSED SACRAMENT EUCCHARISTIC ADORATION

Fridays, 12:30 PM - 5:00 PM: Eucharistic Adoration, Chapel

Christmas

MASS SCHEDULE

CHRISTMAS EVE

Saturday, December 24

(No 8 AM and Noon Mass. No confessions will be heard on Christmas Eve.)

5:00 PM Mass: Fr. Mark Pavlik, presider
Contemporary Choir and Music Ensemble *(Prelude begins at 4:30 PM.)*

7:30 PM Mass: Fr. A. Michael Sauber, presider
Cantor *(Prelude begins at 7:15 PM.)*

12:00 Midnight Mass: Fr. Mark Pavlik, presider
St. Olaf Parish Choir *(Prelude begins at 11:30 PM.)*

CHRISTMAS DAY

Sunday, December 25

8:00 AM Mass: Fr. A. Michael Sauber, presider
Cantor

10:00 AM Mass: Fr. Mark Pavlik, presider
St. Olaf Parish Choir *(Prelude begins at 9:45 AM.)*

12:00 Noon Mass: Fr. Mark Pavlik, presider
Schola of the St. Olaf Parish Choir *(Prelude begins at 11:45 AM.)*

4:00 PM Mass: Fr. A. Michael Sauber, presider
Contemporary Music Ensemble *(Prelude begins at 3:45 PM.)*

(Christmas Mass is broadcast at 8:00 PM on Sunday, December 25 on Relevant Radio, 1330 on the AM dial and televised on MCN Cable Ch. 6 on Saturday, December 24 at Midnight, Sunday, December 25 at 8:00 PM, and Monday, December 26 at 10:00 AM.)

This week's RCIA topic is
The Mystery of the Incarnation

All are invited to come and listen to the talk, presented by Deacon Thom Winninger, in the Education Room following the 10:00 am Mass on Sunday, December 11.



Christmas Music & Good Cheer

Join our parish CAROL CHOIR to sing for the Exodus Residence Holiday Party on Sunday, December 18. Meet at 4:00 pm in the Chapel. The program is 5:30 - 6:00 pm in Fleming Hall. *Lotsa fun!*



SECOND SUNDAY:

St. Olaf Heavenly Pancakes & Catechesis

11:00 am (following the 10:00 am Mass)

Sunday, December 11: *Christology, Incarnation* with Deacon Thom Winninger, CSMA Incarnation, the Word made flesh: God/Man, two natures in one person. Learn about the key Christology of the Church.

Join us for a pancake breakfast and a reflection. *What You Need to Know to Get to Heaven* is a series of presentations on faith and life living, which are sponsored by the St. Olaf Institute for Catholic Studies and the Dorothy Ellstrom Endowment for Spiritual Enrichment.

Come to enjoy pancakes and to fuel your faith. There will be a goodwill offering for the pancake budget. *The Pancake Team is inviting you downtown for a great breakfast SECOND SUNDAYS!*



**Journey to Bethlehem
with Camel Master
Deacon Thomas
Winninger, CSMA**

The Advent season is filled with preparation and expectation. *A Journey to Bethlehem* is an Advent Bible study of preparation. It continues Fridays following 12:00 noon Mass and includes a light lunch. Scriptures include:

Journey Leg One: Mark 1:1-8

Leg Two: John 1:6-8, 19-28

Leg Three: Luke 1:26-38

Leg Four: John 1:1-18

If you have questions, please contact Deacon Thom at: twinninge@SaintOlaf.org.



**GET YOUR BULLETIN
VIA EMAIL...**

If you would like to get the St. Olaf bulletin sent electronically to your email box each week, send your request to: PMoses@SaintOlaf.org.

EUCCHARISTIC ADORATION ON FRIDAYS

INTENTION FOR FRIDAY, DECEMBER 16

That all may respect the family and recognize it for its unmatched contribution to the advancement of society.

THE JESUS OF SCRIPTURE

Presented by Fr. Donald Senior, CP, STD
DVD presentations facilitated by Fr. Mark Pavlik & Sr. Joan Tuberty

Fr. Don Senior returns to us as the presenter in this Scripture Study Series. 25-minute lectures will be offered in the six weeks preceding Christmas.

There will be one lecture before the 12:00 noon Mass on Monday and a second lecture with different content after Mass — accompanied by a light lunch. On Tuesday following the 5:15 evening Mass, 5:45-6:45, two 25-minute lectures will be accompanied by light supper. This series has been prepared by Now You Know Media (www.nowyouknowmedia.com). The series continues on these dates in the Gathering Room:

Monday, December 12, 19
11:25-11:50 and 12:30-1:00 pm

Tuesday, December 13, 20
5:45-6:45 pm

REGISTER AT THE PARISH OFFICE OR CALL 612-332-7471. Walk-ins welcomed but registration is needed to provide food and printed materials. Freewill offerings at each session.



PRAYER CORNER

Each week St. Olaf receives prayer requests from parishioners as well as others across the country and throughout the world. Please join St. Olaf's prayer warriors this week in praying for the following intention:

For D.R., who needs a kidney because hers are failing, that the Lord will grant that a donor is found and that she receives a successful transplant.

If you have an intention for which you would like St. Olaf's prayer warriors to pray or would like to become a prayer warrior, just go to: SaintOlaf.org/church-sacraments/prayer-requests.



Social Outreach "Christmas Shop" Donations Needed

St. Olaf Social Outreach hosts a "Christmas Shop" for families in need, and we are requesting your help with donations.

We especially need items for teen boys and girls ages 12-16. Teens might appreciate jewelry, slippers, dress scarves, socks and leggings, earphones, handheld games, art supplies, teen books and movie DVD's.

The following items are also needed: toys (Legos, cars, building blocks, action figures); new books for ages 10 and up; children's and family games (Apples to Apples, Clue, Checkers, Rubik's Cube, etc.); simple sports items (basketball, soccer, football, nerf balls); children's and young teen's winter wear (hats, scarves, socks, sweaters and pajamas); household goods for parents (towels, sheet sets, pots and pans, toasters, coffeemakers).

Your donations should be brought to the parish office through December 13, Monday through Friday from 9:00 am to 4:00 pm or after Masses on Sundays.

For more information, please contact Jean Thoresen at 612-332-7471, ext. 246 or jthoresen@SaintOlaf.org.

YEAR-END REMINDERS

2011 CONTRIBUTIONS: All payments on your 2011 commitments to St. Olaf, postmarked by December 31, 2011, will be recorded on your 2011 statement. Any payments postmarked after December 31 will be credited to your contributions for 2012. We thank you for your support of this parish.

GIFTS OF STOCK are always welcome. This method may be used to complete your annual pledge. Call your broker and Peter Barrett, Parish/Business Administrator, at 612-767-6205 for information.

VEHICLE DONATION – Cars with Heart handles vehicle donations for St. Olaf. Call Peter Barrett at 612-767-6205 for more information.



Christmas Floral Dedications



The worship department/liturgical environment ministry at St. Olaf invites you to remember a loved one in prayer by offering beautiful Christmas plants for our worship spaces during the Christmas season. Persons remembered may be living or dead. Donation is \$20 for each individual floral dedication naming one person, a couple, or family group. The names of those remembered in prayer will be printed in the Christmas church bulletin, but will not appear on the plants. Fill out the following form and submit with check made payable to St. Olaf Church, with memo: *Christmas floral dedication*. Drop in the collection basket or at the parish office **by December 11**. *Thank you for your participation in this special opportunity for community prayer at Christmas.*

From _____
 with dedication to _____
 From _____
 with dedication to _____
 From _____
 in memory of _____
 From _____
 in memory of _____
 Donation: \$20 for each individual plant naming those noted. Total enclosed: \$_____
 Submit to parish office or in collection basket by December 11.

St. Olaf Worship and Sacred Music Series presents

TOTAL PRAISE Winter Picnic & Concert

Total Praise Gospel Choir
 Othello Collins, director
 Saturday, January 14, 2012
 at 5:30 pm

Join us for a festive evening of music, feast and fellowship. Warm your heart, body and soul with a concert of music by Total Praise Gospel Choir, the piano stylings of Othello Collins and winter picnic fare. The Gospel Choir is enjoyed each year at St. Olaf on Martin Luther King, Jr. Day. The evening will include a silent auction to benefit the St. Olaf Music Ministry.

Tickets: \$25. Call 612-767-6214; also available at St. Olaf's Store and after all Masses in skylight area December 10/11, 17/18, December 31/January 1, January 7/8.



On Sunday, December 11 after the 10:00 am and 4:00 pm Masses, Lynn Trapp will be in St. Olaf's Store playing piano improvisations from his piano recording *Christmas on Grand*. The CD recording is available for purchase at the store and a portion of the proceeds benefits our Exodus Residence.

Preparing for Next Sunday's Liturgy

DECEMBER 18 Fourth Sunday of Advent

FIRST READING:

2 Samuel 7:1–5, 8b–12, 14a, 16

RESPONSORIAL PSALM:

Psalm 89:2–3, 4–5, 27, 29

SECOND READING:

Romans 16:25–27

GOSPEL:

Luke 1:26–38

DISCUSSION QUESTIONS

In the second reading, Paul refers to the good news of Jesus as a mystery once hidden and now manifest. God is not to be construed as one who makes life difficult by hiding, but as one who is discovered in the quiet and clear recesses of the heart. We would do well this last week of Advent to carve out time for the kind of silence that allows the heart to be open and expectant.

1. *What liturgies or devotions does your parish provide to help you make Advent a time of preparation?*

2. *How can your good work this week come from your sense of "God-with-us" — with you and among those with whom you live?*

3. *How can Mary be a true example for you of one who was open to God's presence right there in a small, seemingly insignificant place?*

MASS SCHEDULE

Music is part of all weekend Masses

Saturday Vigil: 4:00 pm

Sunday: 8:00 am, 10:00 am, 12:00 noon, 4:00 pm

Monday - Friday: 7:00 am, 12:00 noon, 5:15 pm

Saturday: 8:00 am, 12:00 noon

Sacrament of Penance / Confessions

Monday through Saturday: Following morning Mass

Tuesday, Thursday, Saturday: Following 12:00 noon Mass

Benediction / Adoration of the Blessed Sacrament

Fridays at 12:30 pm, chapel

(following 12:00 noon Mass in the church)

Adoration and Exposition of the Blessed Sacrament until 5 pm

5:15 pm Mass, chapel

Broadcasts

Sunday 10:00 am Mass is broadcast Sundays at 8:00 pm on Relevant Radio, WL0L, 1330 AM.

Sunday Mass is broadcast Sundays at 8:00 pm and Mondays at 10:00 am on MCN Cable TV Channel 6.

Last Weekend to Donate Gifts For the Exodus Residence Christmas Gift Collection



During Advent we ask God to help create space in our hearts for his coming, and for his compassion to be with and share with our neighbors in need. St. Olaf parishioners create Christmas gift bags of toiletries and winter items for 96 residents. Please bring your donations, marked 'Exodus Christmas', to church by December 12. Items needed include: new bars of soap, lotion, deodorants, shampoo, conditioners, body wash, shaving cream, razors, toothpaste, toothbrushes, dental floss, socks for men and women, winter hats for men and women, gloves, and scarves.

Can you help organize gifts Monday, December 12 from 1:00 to 3:00 pm and/or package gifts on Thursday, December 15 from 6:00 to 8:00 pm? To be involved, contact the parish office at 612-332-7471 or Joan Miltenberger at 612-767-6211 or jmiltnerberger@SaintOlaf.org.

Thank you for your generosity and care for our Exodus neighbors!



Third Sunday of Advent / *Gaudete Sunday* — December 11, 2011

Order of the Mass

Hymnal #153

*Our celebration of the Mass lasts about one hour. Why depart early?
"So you could not keep watch with me for one hour?"*
Jesus, in the Garden of Gethsemane, before he gave his life for our salvation

PRELUDE

Organ prelude on Introit Chant by L. Trapp
Introit Chant: *Gaudete in Domino semper*

Translation from Latin: *Rejoice in the Lord always, again I say, rejoice. Let your forbearance be known to all. The Lord is at hand. Do not be anxious over anything; but in all manner of prayer, let your requests be made known unto God. Lord you have blessed your land; you have put an end to Jacob's captivity.*

Sun. 4pm: *The Lord Has Done Great Things* by J. Cortez

OPENING

Come, O Just One by L. Trapp
Sun. 4pm: *People, Look East #318*

KYRIE

from *Mass for a Servant Church*
Sun. 4pm: by M. Haugen

Liturgy of the Word

We open our minds and hearts to the Word of God.

SCRIPTURE READING *Isaiah 61:1-2a, 10-11*

The spirit of the Lord God enabled Isaiah to proclaim good news to the poor, healing to the brokenhearted, liberty to captives, and freedom to prisoners.

CANTICLE: *Magnificat*

Luke 1:46-48, 49-50, 53-54

by M. Guimont; Sun. 4pm: by the Dameans

SCRIPTURE READING *1 Thessalonians 5:16-24*

Paul exhorted the faithful to rejoice always, to pray without ceasing, and in all things give thanks, for this is the will of God.

GOSPEL ACCLAMATION

tune: Noel Nouvelet, arr. L. Trapp
Sun. 4pm: by M. Mangan

GOSPEL *John 1:6-8, 19-28*

John the Baptist declared, "I am the voice crying out in the desert, make straight the way of the Lord."

HOMILY

CREED

PRAYERS OF THE FAITHFUL

sung response

Liturgy of the Eucharist

Our communion with the Lord and one another.

PREPARATION OF THE GIFTS

Rejoice in the Lord Always by R. Gieseke
verses: *Conditor Alme Siderum*

Sun. 10am Choir: *Prophecies*

(from *Christmas Novena of the Vincentian Fathers*)

Sun. 4pm Ensemble:

My Lord, He Is a Comin' Soon by L. Winnen/J. Cothran

EUCCHARISTIC PRAYER ACCLAMATIONS

tune: *Veni, Emmanuel*

The community prayer of praise, petition and thanksgiving is offered. Christ, the Saving Victim is present in the consecrated Body and Blood.

THE LORD'S PRAYER

LAMB OF GOD

from *Mass of the Divine Word* by H. Hughes
Sun. 4pm: by N. Gouin/J. Breedlove

COMMUNION SONG

Heavens Drop Dew by L. Deiss

Sun. 4pm: *My Soul Longs For You* by D. Light/P. Tate

MEDITATION

Sun. 10am: *Advent Litany* by B. Farrell

Sun. 4pm: *Jesus, Come To Us* by D. Haas

SENDING FORTH

O Come, O Come Emmanuel #317

Sun. 4pm: *Rise, O Jerusalem* by J. Cotter

POSTLUDE

Sat. 4pm, Sun. 8am: *Savior of the Nations, Come* by J. S. Bach
Sun. 10am, 12noon:

Fantasy, Toccata on "Veni Emmanuel" by C. Arnold

Sun. 4pm: *Jubilant* by J. Woodman

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