

MAY 23, 2010
SOLEMNITY OF PENTECOST

Be Sealed with the Gifts of the Holy Spirit

by Fr. Mark Pavlik

We continue our seven-part series on the sacraments of the Church with Confirmation. Along with Baptism and Eucharist, Confirmation is one of the three sacraments of initiation. These three sacraments bring the faithful into the Christian community. Confirmation completes the Christian initiation begun at Baptism, and, like Baptism, Confirmation imprints a spiritual mark or indelible character on the Christian's soul; for this reason one can receive this sacrament only once in one's life.

The Catechism of the Catholic Church describes Confirmation as a deepening of baptismal gifts. It states that the sacrament roots us more deeply in our identity as God's children, unites us more firmly with Christ, increases in us the gifts of the Holy Spirit, binds us more closely to the Church and gives us special strength to bear witness to our faith (CCC #1303). With Baptism and Eucharist, Confirmation shapes us as Catholic Christians.

A bishop is normally the minister of Confirmation, but in the case of an emergency, or for those in the RCIA program who are confirmed at the Easter vigil, a priest can perform the sacrament. The essential part of the Confirmation rite is when the bishop or priest places his hand upon the head of the confirmation candidate. Then the sign of the cross is traced on the candidate's forehead with sacred chrism, while he says: "Be sealed with the gifts of the Holy Spirit." Chrism is also used in baptism and ordination and is one of the three kinds of holy oil which a bishop blesses each year at the Chrism Mass at the cathedral. The other two kinds of holy oil are the oil of catechumens (used in Baptism) and the oil of the sick (used in Anointing of the Sick). All of the oils are composed of pure olive oil.

From ancient times, olive oil has been looked upon as a strengthening substance. It was common for athletes to bathe in olive oil before taking part in athletic events. The significance of the holy oils used in the administration of the sacraments represents the strengthening effect of God's grace. In addition to the olive oil, chrism is mixed with balm. Balm is a fragrant substance which comes from the balsam tree. In the holy chrism it symbolizes the "sweet odor" of virtue.

And of course, in confirmation, we receive the seven gifts of the Holy Spirit. For today's quiz, can you name the seven gifts? The answers are on page 2. Let's see how you do!

St. LAF

Catholic Church
Downtown Minneapolis

*Serving as a living sign of
Christ's saving presence
in the heart of the city*





Catholic Church

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OFFICE HOURS

9:00 am to 4:00 pm Monday - Friday

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Sunday, May 23 is the Solemnity of Pentecost

The celebration of Pentecost marks the beginning of the active apostolic work and is hailed as the birthday of the Church. Through the coming of the Holy Spirit the Church began to form members of the new kingdom. All parishioners at all Masses are invited to WEAR RED and/or your NATIVE DRESS. The liturgical color for the Solemnity is red, and what better day to celebrate the diversity and universality of the Church!

Memorial Day ~ Monday, May 31

There will be just one Mass celebrated on this day at 10:00 am in the church. Hospitality follows in the Gathering Room. The parish office will be closed.

St. Olaf Social Outreach Volunteer Ministers Information Meeting

**Wednesday, May 26 from 2:30 – 4:00 pm
or Monday, June 7 from 10:00 to 11:30 am
in Cowley Hall**

Are you curious about this ministry of the church? Who is served through St. Olaf Social Outreach? What are the needs and gifts of our guests? How do we form helping relationships? What services are offered through Social Outreach? What volunteer ministry opportunities are available? How could I use my gifts and time to serve in this parish ministry?

If you have any of these questions — or feel a calling to be more involved in some capacity, please come to this information session. RSVP to Joan Miltenberger, Director of Social Outreach, at 612-767-6211 or e-mail jmiltenberger@saintolaf.org.

The Seven Gifts of the Holy Spirit

(answers to quiz on page 1)

Understanding
Knowledge
Wisdom
Counsel
Piety
Fortitude
Fear of the Lord

DEACON THOM WINNINGER has just completed his Masters degree in Catholic Studies from the University of St. Thomas. Graduation will be held Saturday, May 22. Dr. Don Briel, his advisor, indicated that Winner is the first Deacon in this Diocese to complete the Catholic Studies Masters Degree from the University. While he was in formation for the Diaconate, Archbishop Flynn encouraged Deacon Winner to take this course of study. His Master's paper, entitled "*The Viability of the Diaconate in Post Modern Times!*", is available in digital format by e-mail or print. (Please contact St. Olaf parish office).

A reception will be held in Deacon Thom's honor on Sunday, May 23 following the 10:00 am Mass in the Gathering Room. Refreshments will be served. Please join us as we celebrate this milestone in his Diaconate journey. No gifts please.

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SAVE THE DATE!

Volunteers Needed for "A Brush With Kindness"

St Olaf is sponsoring a Habitat for Humanity volunteer work group for Thursday, July 15 through Saturday, July 17. Work will involve painting/fixing up an existing home. All skill and experience levels welcome and you can volunteer for one, two, or all three days. It's a great way to help those less fortunate and enjoy fellowship with others within your parish at the same time. St. Olaf has also pledged \$3,000 to Twin Cities Habitat for Humanity as part of our volunteer commitment. Tax-deductible donations towards this pledge would be very much appreciated. If you have questions, want to make a donation, or would like to volunteer, please contact Mike Nemanich (mnemanich@aol.com, 763-545-1125) or Joan Miltenberger (612-767-6211, jmiltenberger@saintolaf.org).

Simply Stewardship . . .
 One miracle of Pentecost was that, despite their diversity, each listener heard God's word in his or her own language. The meaning for stewardship is that, by sharing the gifts poured out on us by the Holy Spirit, we will be empowered to meet the needs of our brothers and sisters, whatever they may be.

Bishop Peter Remigius of the diocese of Kottar, India will be visiting Minneapolis and staying at the St. Olaf rectory. **Bishop Remigius** was at seminary in India with Fr. Edwin. **Bishop Remigius** will be celebrating the 12:00 noon Mass on Sunday, May 30, at St. Olaf. Following Mass, there will be special hospitality, featuring some Indian cuisine.



Please join us in welcoming **Bishop Remigius** to St. Olaf!

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I would like to thank all liturgical ministers of the Word, Eucharist, sanctuary, hospitality, music, and environment for your dedicated service to the worship life of our parish during the Lent/Easter season. The teamwork of volunteers, worship committee and staff realize very well the goal of evangelization and spiritual enrichment through worship. Our liturgical prayer was shared by many in past weeks. In all seasons of the liturgical year may our answer to the call of ministry lead us to a richer life in Christ.

— Dr. Lynn Trapp, Director of Worship/Music

EUCCHARISTIC ADORATION ON FRIDAYS
INTENTION FOR FRIDAY, MAY 28
For the men who were recently ordained to the priesthood in our Archdiocese.

The Minneapolis Serra Club meets at St. Olaf on the second Wednesday of each month (except July and August). Members attend Mass and then enjoy lunch together in the Gathering Room. Each meeting also features a speaker. The purpose of the club is to foster, promote and support vocations to the priesthood and religious life. If you are interested in more information about the group, please contact John Ward at 952-922-8758 or email Charlie Dahl at cdahl77@gmail.com or charlied@cdahlgroup.com.



Downtown Coalition for Grief Support

Excellent speakers, trained facilitators and a group of others who have experienced loss make these sessions a place of healing. It's possible to walk the path of grief alone, however the companionship of others who are also wounded by loss is tremendously consoling and powerfully healing.

Meetings every Saturday from 9:45 - 11:30 am

From May 1 through August 28, meetings will be held at St. Mark's Episcopal Cathedral, 519 Oak Grove Street, Minneapolis

A small weekly donation is gratefully accepted.

A Gathering of Priests at St. Olaf Celebrating the Year for Priests



Some of the priests assembled at St. Olaf on May 2nd (from left to right above): Fr. Ken LeVan, Fr. Terry Beeson, Fr. Bob Fitzpatrick, Fr. Ralph Goman, Fr. John Klockeman, Fr. John Forliti, Fr. Mark Wehmann, Fr. Mark Pavlik, Fr. Edwin Savundra, Fr. Michael Byron, and Fr. Martin Fleming



TUESDAY CLUB at the League of Catholic Women

Each second and fourth Tuesday of the month the League of Catholic Women invites seniors living in and near downtown Minneapolis to a social, bingo and lunch at 207 South Ninth Street, one block from St. Olaf's. Since 1974 the League members have offered this outreach and hospitality for seniors. The program includes: 10:00 am social; 10:30-11:30 am bingo; 11:30 am-12:30 pm lunch — and it's free of charge. The League also reimburses Metro Mobility Ride expenses! For more information contact Mary Murray at 952-920-3028.

Visit the Dead Sea Scrolls with St. Olaf

Explore the greatest archaeological find of the 20th century — the Dead Sea Scrolls, which include the earliest known texts of the Bible. These 2,000-year-old, authentic text fragments are steeped in scientific, religious, and cultural significance. The exhibition offers a once-in-a-lifetime opportunity to witness something truly remarkable.



Join the tour beginning at St. Olaf with an insightful presentation on the significance of the Dead Sea Scrolls to our faith with Fr. Michael Patella, OSB, from St. John's. Then off to Qumran Experience at the Science Museum via the St. Olaf Coach. The event begins with a light snack at 11:15 am on Sunday, June 27, following the 10:00 am Mass; we will return at 3:30 pm. Your hosts are Sr. Joan Tuberty and Deacon Thom Winninger.

More information will follow in upcoming bulletins.



Pastoral Care Team Visits

Because of the Right to Privacy Laws, St. Olaf is not notified of parishioners who are hospitalized, homebound, or have entered a health care facility. We must hear from you, a family member, or a friend if you would like to be visited by someone on the Pastoral Care Team. Please call the St. Olaf parish office at 612-332-7471 and our receptionist will take the necessary information and pass it along to the Pastor and the Pastoral Care Team.



Gubernatorial Candidate Forum

Hosted by Downtown Congregations to End Homelessness

Monday, May 24, 6:30 - 8:30 pm
Temple Israel, 2324 Emerson Avenue South, Minneapolis

Hear candidates for Governor share their legislative solutions for ending homelessness and reducing poverty, and creating affordable housing and jobs. Express your concerns about strengthening human dignity and building strong communities. Free and open to the public, especially for people of faith.

God's Vision for Humanity

St. Olaf is pleased to host another in a continuing series of very timely and deeply meaningful discussions that touch all of our lives!

Rev. Dr. Arthur Agnew, pastor of Bethesda Missionary Baptist Church, returns as facilitator to St. Olaf, leading us in reflection and discussion that centers on **God's vision for humanity.** This is an opportunity for us to join in community, sharing ideas and experiences as we journey together in faith toward racial justice for all.

Join us Thursday,
May 27

Light supper begins at 6:30 pm in Gathering Room; discussion follows from 7:00 - 8:30 pm

All are welcome!

Mark your calendars ahead for this continuing series of Discussion Forums: each second Thursday of the month, sponsored by Bethesda Baptist at Augustana Health Care Center (1007 E. 14th Street, Minneapolis) and each fourth Thursday of the month, sponsored by St. Olaf.

For further information, please contact Bill Keatts, 612-209-6120 or keatts@austin.rr.com.

Preparing for Next Sunday's Liturgy

MAY 30 The Most Holy Trinity

FIRST READING:
Proverbs 8:22–31

RESPONSORIAL PSALM:
Psalm 8:4–5, 6–7, 8–9

SECOND READING:
Romans 5:1–5

GOSPEL:
John 16:12–15

DISCUSSION QUESTIONS

St. Paul, in the second reading, talks of how people of faith “boast of their afflictions.” He then goes on to catalogue the benefits accrued through affliction: endurance, character, hope. Reflecting on his own “thorn in his side,” he was relaying a basic human truth. Disappointment, affliction, and adversity can often yield positive effects.

1. Describe some of the positive “colors” that may come into a life thanks to some affliction. How can afflictions be thorns or roses?

2. On a national and international level, can you think of a positive effect that may have come about following a difficult or traumatic time or event?

3. Besides the positive changes and attributes that affliction may draw from a life, what are some of the other benefits? Do you feel that we’re denying our children those benefits by being over-protective of them?

Asante Sana: Thank You Very Much

Asante sana is on the lips and in the hearts of our sisters and brothers in Kenya. *Asante sana* is also the prayer of gratitude being offered to God here at St. Olaf for the gift of partnership that we receive from our sister communities in Kenya. The cultural food and celebrations of last weekend were an inspiring way to launch our 2010-2011 African Partnership Annual Appeal. We are blessed by many African parishioners who help make our partnership a warm and personal reality. With the appeal now well underway, we say *Asante sana* to all parishioners for the continued generosity on behalf of those in Kenya who benefit from 100% of every dollar donated. Our appeal name, *We Believe, We Believe*, assures us and our Kenyan brothers and sisters that we share in a global faith in God’s goodness. The gifts, material and spiritual, that we share are truly God’s gifts, freely given to us to be shared!

The projects that we support with our appeal donations are chosen in partnership with the community leaders in Kenya so that together we can empower community members through spiritual, educational and healthcare initiatives. We welcome any who would like to become more involved in the partnership through the planning committee, projects or travel to contact Mary Brady in the parish office. From our visits and ongoing communication with Principal Anthony Githinji in Kiamwangi, Fr. Ben Oleket in Busia, Timon Bondo in Rabondo, and Br. Dominic in Nairobi, we are able to partner directly with the people in Kenyan villages. The needs do not end with our appeal weekend, so please consider how you can help with the projects and scholarships throughout the year. Appeal flyers and envelopes will remain in church as a visible reminder of our call as church to global partnership through prayer and resource sharing.

— St. Olaf African Partnership Committee

We Believe! We Believe! ST. OLAF AFRICAN PARTNERSHIP APPEAL

GIFTS MAY BE
GIVEN ANYTIME
USING THIS FORM.
Thank you!

Attached is my gift of \$ _____ to be used for:

Building Projects Water & Electricity Student Scholarships

Name _____

Address _____

City/State/Zip _____

Make checks payable to: “St. Olaf Catholic Church” and add “African Partnership” in the check’s memo space. Attach this form to your check and return in the collection basket or bring to the parish office. You may also mail your gift to: St. Olaf Catholic Church, 215 South 8th Street, Minneapolis, MN 55402. *Thank you!*



Solemnity of Pentecost — May 23, 2010

Order of the Mass

Hymnal #153

Our celebration of the Mass lasts about one hour. Why depart early?
“So you could not keep watch with me for one hour?”
Jesus, in the Garden of Gethsemane, before he gave his life for our salvation

PRELUDE

Sat. 4pm, Sun. 12noon: *Praeludium* by H. F. Micheelsen
Sun. 8am: *Pièce d’orgue* BWV 572 by J. S. Bach
Sun. 10am Choir: *The Spirit of God* by B. Cabena
Sun. 3:30-4pm: Concert of music by guest artist Cyprian Consiglio, OSB

OPENING

Come, Holy Ghost #469

Sun. 4pm: *You Will Be My Witnesses* by Collegeville Composers Group

GLORIA

from *Missa Pacem* by L. R. Babin

Liturgy of the Word

We open our minds and hearts to the Word of God.

SCRIPTURE READING

Saturday Vigil: *Genesis 11:1-9*

It was called Babel because there the Lord confused the speech of all the world.

Sunday: *Acts of the Apostles 2:1-11*

On Pentecost the Holy Spirit was sent to the disciples in the form of fiery tongues.

RESPONSORIAL PSALM

Psalm 104 by M. Cooney; Sun. 4pm by S. Warner

SCRIPTURE READING

Saturday Vigil: *Romans 8:22-27*

The Spirit comes to aid our weakness.

Sunday: *Romans 8:8-17*

Those who are led by the Spirit of God are children of God.

Sat. 4pm, Sun. 8am, 10am, 12noon:

SEQUENCE for Pentecost: *Veni, Sancte Spiritus*

GOSPEL ACCLAMATION

tune: *Lasst uns erfreuen*, arr. M. Burkhardt; Sun. 4pm: by C. Consiglio

GOSPEL

Saturday Vigil: *John 7:37-39*

“Rivers of living water will flow from within him who believes in me.”

Sunday: *John 14:15-16, 23b-26*

Jesus said to his disciples: “The Holy Spirit will teach you everything.”

HOMILY

PRAYERS OF THE FAITHFUL

Liturgy of the Eucharist

Our communion with the Lord and one another.

PREPARATION OF THE GIFTS

Peace by G. Norbet

Sun. 10am Choir: *O Come Creator, Spirit Blest* arr. K. Lee Scott

Sun. 4pm: *Awake at Last* by C. Consiglio

EUCCHARISTIC PRAYER ACCLAMATIONS

from *Mass of Angels and Saints* by S. Janco

Sunday 4pm: *Pavana Ishvara*, adapted by C. Consiglio

The community prayer of praise, petition and thanksgiving is offered. Christ, the Saving Victim is present in the consecrated Body and Blood.

THE LORD’S PRAYER

Sun. 4pm: musical setting by S. Warner

LAMB OF GOD

from *Mass in Honor of St. Andrew* by J. Tuuk

Sun. 4pm by J. Schiavone

COMMUNION SONG

Holy Spirit, Come To Us by J. Berthier

Sun. 4pm: *The Love of God* by C. Consiglio

MEDITATION

Sat. 4pm: *Spirit, Be Near to Us* by B. Fisher

Sun. 4pm: *I, the Lord* by C. Consiglio

SENDING FORTH

Go to the World text: S. Dunstan; tune: *Sine Nomine*

Sun. 4pm: *One Lord, One Hope, One Faith We Proclaim*
by Collegeville Composer’s Group

You are invited to stay to enjoy the music postlude.

POSTLUDE

Paean by K. Leighton

Sun. 8am: *Veni, Creator Spiritus* by N. de Grigny

Sun. 4pm: *Fugue in D Major* by G. F. Handel

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Catholic Church

215 South 8th Street
Minneapolis, MN 55402-2803

ON FIRE WITH THE SPIRIT

Cyprian Consiglio, OSB
Camaldolese monk,
musician, teacher



Retreat with Music in Vigil of Pentecost
Saturday, May 22, 9:00 am – 12:00 noon
concluding with 12:00 noon Mass
(free will offering will be taken)

Pentecost Sunday, May 23
3:30 pm – Prelude; 4:00 pm – Mass

Cyprian Consiglio is a singer, guitarist, composer, author, teacher and monk of the Camaldolese Congregation. Much of his music and teaching revolves around the Universal Call to Contemplation through spirituality and the arts. Cyprian will lead us in a weekend of international music, prayer, meditation and liturgy as we celebrate the great feast of the birthday of the Church — Pentecost.

MASS SCHEDULE

Music is part of all weekend Masses

Saturday Vigil: 4:00 pm
Sunday: 8:00 am, 10:00 am, 12:00 noon, 4:00 pm
Monday - Friday: 7:00 am, 12:00 noon, 5:15 pm
Saturday: 8:00 am, 12:00 noon

Sacrament of Penance / Confessions

Monday through Saturday: Following morning Mass
Tuesday, Thursday, Saturday: Following 12:00 noon Mass

Benediction / Adoration of the Blessed Sacrament

Fridays at 12:30 pm, chapel
(following 12:00 noon Mass in the church)

Adoration and Exposition of the Blessed Sacrament until 5 pm
5:15 pm Mass, chapel

Broadcasts

Sunday 10:00 am Mass is broadcast Sundays at 8:00 pm
on Relevant Radio, WLOL, 1330 AM.

Sunday Mass is broadcast Sundays at 8:00 pm and
Mondays at 10:00 am on MCN Cable TV Channel 6.