

JANUARY 24, 2010
THIRD SUNDAY IN ORDINARY TIME

One Body, Many Parts

by Fr. Mark Pavlik

Just before Christmas, I sprained my toe. I'm not sure exactly how, but I did. And if that were not bad enough, the day after Christmas, just as it was beginning to heal, I smacked it into the leg of a chair and let's just say that was not helping to heal the pain. For weeks afterward, my toe was a little bit swollen and sore. In the midst of limping around the rectory, I had a new appreciation for how important my toes were. I had never really given much thought to them — they were simply there. But when each little movement caused new pain, I realized how I had taken these "little piggies" for granted.

Each part of the body is important for what it does, and when that part cannot fully function, you truly realize its importance. That is precisely what St. Paul is telling us in the second reading from his first letter to the Corinthians. We are all members of the body of Christ and as various members, each of us has a role to play in the success of the work of the whole body.

The various members of the body are just as important and necessary as every other. As St. Paul writes, our roles in the whole body vary. Some of us are teachers or prophets while others have the gift of healing or of assistance. In looking at the various parts, it is obvious there are some roles that are very visible, while some are not. Some have responsibilities that are very public, while others are confined to quiet places. But as my parents would say to my siblings and me when we were young, "it takes all kinds."

So the obvious response to this reading is for each of us to ask ourselves, "what role do I play in the body of Christ?" "What are my charisms and gifts?" "How do I manifest my faith in daily life?" Here are some things you can think about to get your list started: Can you pray for those who are in need and have no one to pray for them? Can you show God's love to someone who needs to see it? Can you get involved in some form of ministry here at St. Olaf? Can you volunteer your time? Can you be an advocate for someone whose voice is not being heard?

There are countless ways to live out your faith and bring to life your part in the body of Christ. So whatever your part, know that you are vital to the Church and her mission. Every little toe has its purpose!

St. OLAF

Catholic Church

Downtown Minneapolis

*Serving as a living sign of
Christ's saving presence
in the heart of the city*





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OFFICE HOURS

9:00 am to 4:00 pm Monday - Friday

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Centering Prayer Group

Sr. Joan Tuberty, 612-767-6212



A Taste of Risen Christ — Mardi Gras Style

Saturday, February 13, 5:00 - 7:00 pm
St. Olaf, Fleming Hall

Ethnic foods, beverages including wine & beer

Enjoy the company of Risen Christ students and fellow parishioners. Risen Christ Catholic School, located in south Minneapolis, provides a faith-based education for children in K- 8th grades. For over 10 years St. Olaf Catholic Church has supported Risen Christ's mission through volunteer and financial support. *Help us continue this legacy of supporting Catholic education!*

For more information, contact: Jill Audette at Risen Christ 612-822-5329, ext. 108, jaudette@risenchristsschool.org or Joan Miltenberger 612-767-6211, jmiltenberger@SaintOlaf.org.

A Taste of Risen Christ Order Form

Name(s): _____

Address: _____

City/State/Zip: _____

Number of tickets at \$30 each: _____ (*\$25 of your ticket price is tax deductible*)

Visa/MasterCard/Amex number: _____

Expiration date: _____ / _____

Name on card: _____

Signature: _____

*Make checks payable to and/or mail to:
Risen Christ School, 1120 East 37th St, Minneapolis MN 55407
or drop your order form and check at the parish office*

The city-wide singalong and performance of G. F. Handel's *Messiah* brought hundreds of singers and listeners of all ages to our sanctuary in



December. The Minnesota Chorale led the performance under the direction of Kathy Saltzman Romey and Lynn Trapp at the organ (as orchestra). Auditioned soloists from the Chorale sang the recitatives and arias of the masterwork. St. Olaf Church will serve as the annual host of this wonderful city-wide event!



Simply Stewardship...

The U. S. bishops' pastoral on stewardship reinforces today's reading from 1 Corinthians: "Because its individual members do collectively make up the Body of Christ, that body's health and well-being are the responsibility of the members — the personal responsibility of each of us. We all are stewards of the Church."

Holy Land Pilgrimage to Israel **June 13 - 23, 2010**



**Join Fr. Mark Pavlik
along with Jeff & Emily Cavins
and walk where Jesus walked!**

This ten-day pilgrimage to the Holy Land is great for families with travel age children, for singles and married couples. The Bible will come alive for you & your family like never before while you walk in the footsteps of Jesus, the Blessed Virgin Mary and St. Peter. Hosts Jeff & Emily Cavins will accompany Fr. Mark to help you experience the land of the Bible. Hear on-site teachings from Jeff, experience daily Mass, visit holy sites as well as enjoy a float in the Dead Sea, swim at the Sea of Galilee, even experience digging at an archaeological site! For more information, brochures are available at the parish. Or go to: www.SaintOlaf.org.

EUCCHARISTIC ADORATION ON FRIDAYS **INTENTION FOR FRIDAY, JANUARY 29**

That the Church, aware of its own missionary identity, may strive to follow Christ faithfully and to proclaim His Gospel to all peoples.

Preparing for Next Sunday's Liturgy

JANUARY 31
Fourth Sunday
in Ordinary Time

FIRST READING:
Jeremiah 1:4–5, 17–19

RESPONSORIAL PSALM:
Psalm 71:1–2, 3–4, 5–6, 15, 17

SECOND READING:
1 Corinthians 12:31 —
13:13 [13:4–13]

GOSPEL:
Luke 4:21–30

DISCUSSION QUESTIONS

The second reading today has been hailed as the most beautiful in all of sacred Scripture, the great hymn of love. Within it is found a long list of virtues: speaking with angelic tongues, prophecy, faith sufficient to move mountains, giving our bodies to be burned for a good cause, feeding the poor—all noble virtues and actions. But note what Paul says: they're all good for nothing if they're not animated by love. So it is with any virtue. If there is no love for God or love for justice or love for truth running through it, the virtue is no more than "a resounding gong or clashing cymbal."

1. List examples of virtues that have gone sour, virtues that have become a source of disdain rather than admiration.
2. Are you capable of the virtues and actions described in Paul's letter to the Corinthians? What makes that possible?
3. How does it feel to have such virtues go unappreciated, as Jesus was in today's Gospel? Is there a deeper appreciation that keeps you going?

Inspired By Our Surroundings in Worship



The liturgical environment team welcomes to its art collection the work of Linda McCray, liturgical artist from Montana. Her abstract prints, inspired by the sacred liturgy, were hung in the church above the music ministry area during Ordinary Time last fall, and now again during Ordinary Time from January 11 through February 15, before Lent.

Linda is adjunct professor of Art and Design at the University of Montana-Helena, and teaches an art and faith course for the University of Mary-Bismarck.

Liturgical artwork of this quality inspires us to grow in our vision and expression of spiritual art. Some ask: "What is it?" Others say "It's so beautiful; I meditate, simply pondering the image."

We have received very positive feedback about this artwork and some parishioners have requested prints. The artist has agreed to produce a limited, signed edition of *To Form Anew XV*, the first image displayed last fall (*shown above*) and now again during Ordinary Time. The 2' square image will be printed on a 30" square canvas. These are now available at our St. Patrick's Guild Store in the church complex for \$150 each. The prints will also be available at www.MontanaDesignsUnlimited.com. Proceeds from sales will go to the St. Olaf Fund for the Visual Arts.

For the upcoming season of Lent and for the Solemnity of Pentecost we look forward to seeing additional art images by McCray in our sanctuary. The image for the Easter season is titled *Spirit* and is crafted by California artist, Nancy Chinn. We hope you enjoy these images which will beautifully enhance the visual aspect of our worship and prayer.

When we come to pray we absorb sights, sounds and smells in our surroundings, all contributing to our worship experience. We are touched by God through the senses and our relationship with the Divine deepens. Our liturgical environment group feels blessed to have the opportunity to provide for the liturgy and to minister to the assembly at St. Olaf.



Third Sunday in Ordinary Time — January 24, 2010

Order of the Mass

Hymnal #153

Our celebration of the Mass lasts about one hour. Why depart early?
“So you could not keep watch with me for one hour?”
Jesus, in the Garden of Gethsemane, before he gave his life for our salvation

PRELUDE

Tierce en Taille by F. Couperin

Sun. 10am, 12noon: *Allegro molto* by J. W. Jenkins

Sun. 4pm: *Come, Christians, Unite* by E. Bolduc

OPENING

God Is Here! As We His People #741

Sun. 4pm: *Be Light For Our Eyes* by D. Haas #509

GLORIA

music by L. Trapp; Sun. 4pm: by B. Senchur

Liturgy of the Word

We open our minds and hearts to the Word of God.

SCRIPTURE READING

Nehemiah 8:2-4a, 5-6, 8-10

Ezra proclaimed the book of the law.

He declared the day holy and urged the people to rejoice.

RESPONSORIAL PSALM

Psalm 19 by M. Guimont; Sun. 4pm by J. Chepponis

Your words, Lord, are spirit and life.

SCRIPTURE READING

1 Corinthians 12:12-30

We, though many, are one in the Body of Christ.

GOSPEL ACCLAMATION

by M. Haugen #160; Sun. 4pm: by D. Haas #216

GOSPEL

Luke 1:1-4; 4:14-21

In the synagogue, Jesus read from the prophet Isaiah.

HOMILY

PROFESSION OF FAITH #161

PRAYERS OF THE FAITHFUL

Liturgy of the Eucharist

Our communion with the Lord and one another.

PREPARATION OF THE GIFTS

God Has Spoken By His Prophets

tune: In Babilone; text: G. Briggs

Sun. 10am Choir: *How Lovely Are the Messengers*

by F. Mendelssohn

How lovely are the messengers that preach us the gospel of peace.

Sun. 4pm: *We Are Many Parts* by M. Haugen #733

EUCCHARISTIC PRAYER ACCLAMATIONS

Mass in Honor of St. Andrew by J. Tuuk

Sun. 4pm: *Mass of Creation* by M. Haugen #166, 167A, 168

The community prayer of praise, petition and thanksgiving is offered.
Christ, the Saving Victim is present in the consecrated Body and Blood.

THE LORD'S PRAYER

LAMB OF GOD

music by L. Trapp; Sun. 4pm by M. Haugen #171

COMMUNION SONG

We Are One in Christ by J. Chepponis

Sun. 4pm: *As We Gather At Your Table* by T. Alonso

MEDITATION

Sun. 4pm: *He Has Anointed Me* by The Dameans

SENDING FORTH

The Voice of God Goes Out Through All the World

tune: Toulon

Sun. 4pm: *Hail to the Lord's Anointed* tune: Ellacombe

You are invited to stay to enjoy the music postlude.

POSTLUDE

Dialogue sur les Grands Jeux by F. Couperin

Sun. 10am, 12noon: *Deo Gracias* by J. W. Jenkins

Sun. 4pm: *Fugue in A Major* by W. Selby

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Gloria by L. Trapp ©2002; As We Gather At Your Table by T. Alonso ©2009; He Has Anointed Me by The Dameans ©1981; Lamb of God by L. Trapp ©1988 Morning Star Music Publishers; Mass in Honor of St. Andrew by J. Tuuk ©1980.
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Catholic Church

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All Eucharistic Ministers serving the liturgy at St. Olaf are called to an evening of renewal of practice and ritual on Tuesday, February 2, 6:00 pm in the church followed by fellowship in the Gathering Room.



St. Olaf Marriage Ministry

The St. Olaf Marriage Ministry is looking for two volunteer Catholic couples who feel the call to help prepare engaged couples for their marriage and life together. If you are interested, contact Deacon Thom Winninger at 612-332-7471, ext. 238 or twinninger@SaintOlaf.org.

This week's RCIA topic is *Devotions and Sacramentals*

All are invited to come and listen to the talk, presented by Fr. Mark Pavlik, in Fleming Hall West following the 10:00 am Mass on Sunday, January 24.

MASS SCHEDULE

Music is part of all weekend Masses

Saturday Vigil: 4:00 pm

Sunday: 8:00 am, 10:00 am, 12:00 noon, 4:00 pm

Monday - Friday: 7:00 am, 12:00 noon, 5:15 pm

Saturday: 8:00 am, 12:00 noon

Sacrament of Penance / Confessions

Monday through Saturday: Following morning Mass

Tuesday, Thursday, Saturday: Following 12:00 noon Mass

Benediction / Adoration of the Blessed Sacrament

Fridays at 12:30 pm, chapel

(following 12:00 noon Mass in the church)

Adoration and Exposition of the Blessed Sacrament until 5 pm
5:15 pm Mass, chapel

Broadcasts

Sunday 10:00 am Mass is broadcast Sundays at 8:00 pm on Relevant Radio, WLOL, 1330 AM.

Sunday Mass is broadcast Sundays at 8:00 pm and Mondays at 10:00 am on MCN Cable TV Channel 6.